

Date: _____

Name: _____

At what visual distance do you usually work?

- What activities at close range of vision (approx. 35cm) do you need your new glasses for?

- What activities at intermediate range of vision (approx. 60cm) do you need your new glasses for?

- What type of glasses do you currently wear for activities at close range of vision?

- Do you experience any physical discomfort while working at close range of vision, such as neck tension, stinging eyes, etc.? If so, which

Questions concerning the use of computers and laptops

- How many hours a day do you work in front of a computer? _____ hours

- At what distance (a) is your computer screen positioned?

PC monitor _____ cm Laptop _____ cm

- At what height (b) is the top line of your screen positioned? _____ cm

- At what height (c) is the bottom line of your screen positioned? _____ cm

- At what distance (d) is your keyboard placed? _____ cm

- What is the distance (e) between your eyes and the tabletop? _____ cm

- What is your normal reading distance? _____ cm

- Are there any other important viewing distances?
machines / flipchart / colleagues / customers _____ cm

- Are the glasses also worn when moving around? Yes No



